

<u>Interval</u>	<u>Cumulative</u>	<u>Directions</u>
		Head east on Lake Lowell Ave
0.6 mi	0.6 mi	Turn right at Holly St
0.4 mi	1.0 mi	Continue on Sunnyridge Rd
2.6 mi	3.6 mi	Turn right at E Lewis Ln
0.5 mi	4.1 mi	Turn left at 12th Ave Rd/ID-45
0.5 mi	4.6 mi	Turn right at Lake Shore Dr
1.0 mi	5.6 mi	LYNWOOD REST STOP by BONNEVILLE COLLECTIONS
		Turn left at Lynwood Rd
0.5 mi	6.1 mi	Turn right at Deer Flat Rd
2.0 mi	8.1 mi	Turn left at Rim Rd
1.0 mi	9.1 mi	Turn right at Missouri Ave
1.0 mi	10.1 mi	Turn left at Sky Ranch Rd
1.5 mi	11.6 mi	Turn right at Surrey Ln
1.6 mi	13.2 mi	WINERY REST STOP
0.9 mi	14.1 mi	Turn right at Skyline Rd
0.8 mi	14.8 mi	Turn right at Ross Ln
0.5 mi	15.4 mi	Turn left at Farner Rd
4.3 mi	19.6 mi	Turn left at Lake Shore Dr
4.2 mi	23.9 mi	Slight right at Riverside Rd
1.4 mi	25.3 mi	LOWER DAM REST STOP by R E I
0.6 mi	25.9 mi	Turn right at Orchard Ave
3.6 mi	29.5 mi	Turn right at Lake Ave
1.5 mi	31.0 mi	Turn left at Roosevelt Ave
1.0 mi	32.0 mi	Turn right at S Midway Rd
0.5 mi	32.5 mi	Turn left at Lake Lowell Ave
2.9 mi	35.4 mi	Return to NAMPA HIGH