

## Positive Test Result:

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### **SARS-CoV-2: Detected**

Your test for the virus that causes COVID-19 was **POSITIVE**. This means that you have (or recently had) the virus that causes COVID-19.

You should schedule a follow up with your primary care provider to discuss the results of this test as well as any additional or ongoing symptoms. The visit with your primary care provider should ideally be done by Telehealth so you don't have to go into the office because it is very important to keep the virus from spreading to others.

**COVID-19 is very contagious and can cause severe symptoms resulting in hospitalization and even death in some people who are infected with the virus.**

Please continue to follow these CDC guidelines:

[What to Do If You are Sick](#)

[Isolate If You Are Sick](#)

[When You Can be Around Others After You Had or Likely Had COVID-19](#)

Please keep track of your symptoms and get immediate care if you have any emergent warning signs such as trouble breathing or chest pain. See [Symptoms of Coronavirus](#).

If you are employed and have missed work due to illness, your employer should provide guidance on when you are able to return to work. Terry Reilly providers don't provide specific recommendations to employers for return-to-work plans for employees who have been sick with symptoms of COVID-19. There are things we still don't know about this virus and the CDC guidance is changing as we learn more.

Terry Reilly encourages employers to read and follow specific guidance from the CDC such as Interim [Guidance for Businesses and Employers Responding to Coronavirus Disease](#). In addition, the CDC specifically advises that "employers should not require a COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work."

Additional Resources:

Terry Reilly Health Services COVID-19 Information

[Caring for Someone Sick at Home](#)

[Cleaning and Disinfecting Your Home](#)

[Sick Parents and Caregivers](#)